

How to assemble the Desk rider?

Take the parts and the Desk rider out of the box.



Use the 4 small screws to secure the front plate under the resistance switch, with the anti-slip layer on the bottom.

Place a bolt at the bottom and while you hold it in place, screw the screw in place with the Allen key.



Place the tube at the back of the base. Push the screws through the tube from the bottom up.

Place cap nuts on the end of the screws and tighten them with the wrench.



Place the foot pedals (see stickers L, left and R, right) with the open edges facing outwards.

Insert the screws through the top of the pedal and tighten it at the bottom with nuts, with the help of a wrench and the Allen key.



Always keep the box and the styrofoam for the return during a trial.

Challenge yourself and go more cycling with the deskbike App. All your achievements are conveniently stored and at the end of your working day you know exactly how many kilometers you have cycled with the Desk rider. Download the deskbike App for free in the Apple or Google store.

