

**CAUTION:**

**READ THIS OPERATING MANUAL CAREFULLY AND, ABOVE ALL, OBSERVE THE SAFETY INSTRUCTIONS. NOT OBSERVING THESE INSTRUCTIONS CAN LEAD TO SERIOUS INJURIES AND RESULT IN THE FORFEITURE OF THE PRODUCT LIABILITY BY THE DISTRIBUTING COMPANY AND THE MANUFACTURER.**

**1. SCOPE OF DELIVERY:**

1 x VLUV ball-casing (not shown here)

1 x PVC inner-ball (not shown here)

2 x Closing valve



1 x Pump adapter



1 x Universal adapter



1 x Deflation tube



## 2. SAFETY INSTRUCTIONS BEFORE USE

- It is not recommended to use the VLUV during pregnancy.
- VLUV is an alternative seating furniture and leisure time sports device. It is not suitable as permanent sitting furniture, child's toy, high performance sports equipment. Not observing these instructions can cause damage to health.
- The distributor and the manufacturer do not accept any liability for accidents or damage to persons or property as a result of improper use.
- VLUV is not a toy! Please keep it away from children.
- Please keep pets away from VLUV
- Please make sure that there are no sharp objects or sharp edges within a radius of 1.50m around the VLUV.
- When sitting avoid sudden backward or sideways movement, there is a danger of tipping and injuries!
- Persons with physical or psychic impairments should abstain from using the ball.
- Older people should let themselves be assisted when using the ball.
- The total load of the VLUV is 120kg. The use of heavy training weights that exceed the total load is not allowed.
- Make sure the room temperature is constant. In the event of greater fluctuations the air pressure increases or decreases. Please readjust the hardness.

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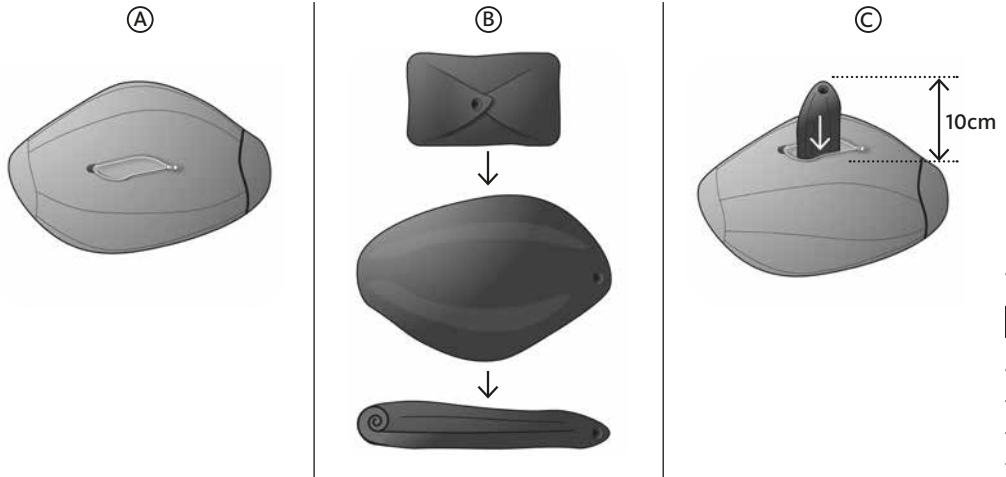
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### 3. INSTRUCTIONS FOR PREPARATION AND INFLATING

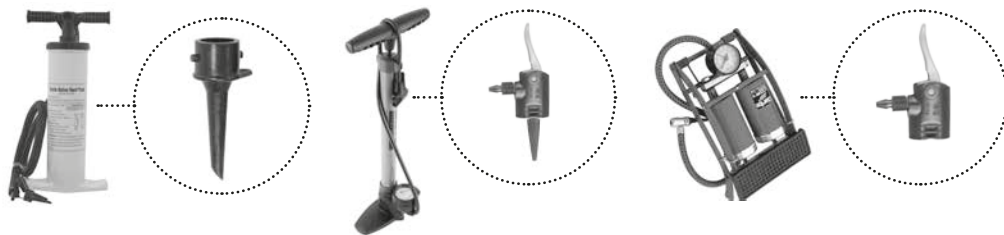
#### 3.1 Preparation

- (A) Lay the VLUV ball-casing flat on a table or on the floor with the zip uppermost. Open the zip.
- (B) Take the flatly folded PVC inner-ball and first of all unfold it completely. Afterwards fold it back into a roll.
- (C) Push the PVC inner-ball with the side WITHOUT A VALVE HOLE carefully into the VLUV ball-casing until only about 10cm with the valve hole are protruding.



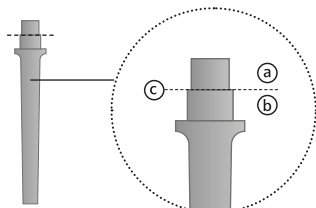
### 3.2 Connect the pump

There are various pumps with which the VLUV can easily be inflated. We recommend use of the following pumps. Please make sure that the pump has a conical adapter. If not, you can use the adapter provided by us.



#### Adapter provided

Check which pump head you have on your pump. If you have a pump for Schraeder/auto valves, you can, if necessary, cut off the narrow thread adapter for French/Presta valves using a sharp knife which gives a safe connection.



Universal adapter for car/bicycle pumps

- (a) Thread for French/Presta valve
- (b) Thread for Schraeder/auto valve
- (c) cut off with a sharp knife if necessary

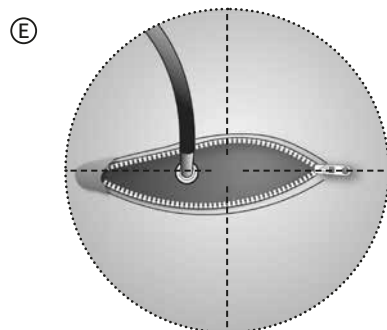
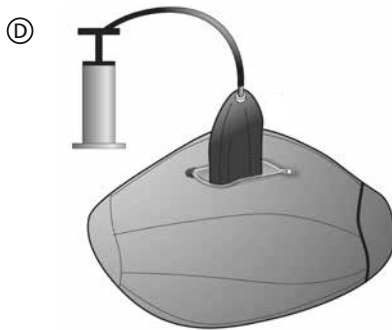
### 3.3 Inflating

Only inflate the VLUV at room temperature, since after inflating at a cold temperature, the pressure later increases at a higher room temperature. Leave the VLUV for approx. 2 hours at room temperature.

**Caution, when using a compressor there is a great danger of being inflated too hard or bursting, we do not accept any responsibility for VLUV's being over-inflated.**

- Ⓓ Push the pump adapter into the hole. Connect the pump.
- Ⓔ At the beginning, hold the PVC inner-ball a bit outside the zip during inflation.

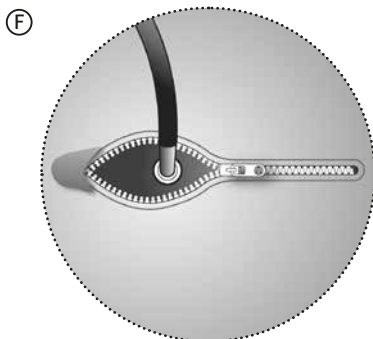
Guide the valve opening a centrally as possible between the two zip halves. If the VLUV has been inflated to about 2/3, push and move the PVC inner-ball continuously in the VLUV ball-casing so that this can unfurl and orient itself.



Constantly check the central positioning of the valve

**Important:** Orient the PVC inner-ball by pushing and pulling the VLUV ball-casing, with the valve opening in the middle, towards the two zip halves. If possible the valve opening should be positioned further to the side on which the zip is later closed. (E)

- (F) If the PVC inner-ball has been inflated to about 80-90% in the VLUV textile casing, you can release the PVC inner-ball. Now you can already close the zip as far as possible.



### 3.4 Achieving the correct inflation hardness

The correct inflation hardness has been achieved if only small creases are present in some positions. Ideally you should now leave the VLUV for 2-3 hours with the closing valve screw closed and afterwards check whether the creases are still present. If this is the case, try to smooth them away by hand. If this doesn't work, slightly increase the air pressure until they are smoothed away. **It must be possible, using a fist, to press the VLUV 5cm inwards.** The ball has been inflated too hard if one can't press it together with one hand and the zip can no longer be closed.



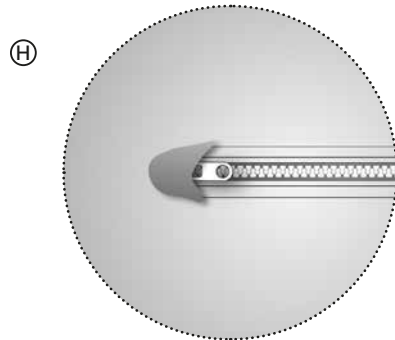
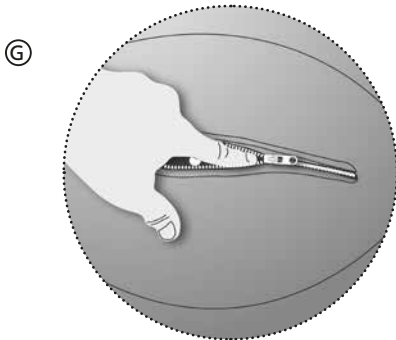
**CAUTION:** inflating too hard causes the guarantee to become invalid.

### 3.5 The PVC inner-ball

The PVC inner-ball is, as a whole, smaller than the VLUV ball-casing. The inner-ball is, however, very elastic and tear resistant. Should you, during inflation, have the impression that the inner-ball is too hard and could burst before it fills the VLUV ball-casing, don't worry, this is not possible, since the PVC inner-ball is manufactured from a special burst-proof material. Should the VLUV feel very hard after inflation, this will become suppler and softer during the course of the first use.

### 3.6 Closing the VLUV

- Remove the pump and adapter and push the closing valve, with the pointed side first, as quickly as possible into the valve hole.
  - Press in the closing valve hard and completely, until no edges protrude.
- Ⓒ When closing the zip, push in the PVC inner-ball under the puller in order to ease the closing.
- Ⓗ Finally press the puller under the protective cover so that this cannot leave any scratches on the floor. (VLUV VELT: push the puller under the felt side)



### 3.7 Opening the VLUV

To remove the closing valve, do NOT use sharp objects. A screwdriver or a coffee spoon are particularly suitable. Place this under the lip of the closing valve and lever it out.



**WARNING:** The closing valve can, due to the air pressure, suddenly be pressed out of the valve hole. Secure this by putting a finger on it.

## 4. SAFETY INSTRUCTIONS DURING USE

If possible place the VLUV on a non-slip surface. If you have a slippier surface such as stone, tiles, parquet or laminate always use a non-slip underlayer.

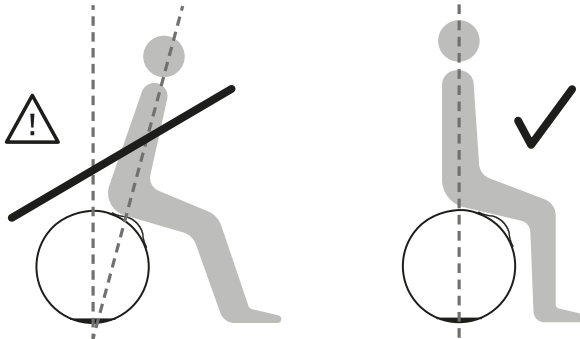
- Sharp-edged surfaces such as slate, unpolished stone or unground floorboards are to be avoided.
- If possible do not expose the VLUV to direct sunlight.
- The field of use is indoors. It is not intended for use outdoors.
- In the event of any kind of damage, do not use the ball anymore and get in touch with our service department under [info@vluv.de](mailto:info@vluv.de).
- VLUV has clear upper and lower sides. When in use the grip must point upwards, and the ball must stand on the lower floor ring. When sitting down or standing up always proceed carefully and observe a stable foot position.





Always take care to sit down on the VLUV from a vertical position and not by throwing yourself diagonally backwards, otherwise there is a danger of slipping and accidents.

As a precaution, you can guide the grip between your legs using your hand, thus giving the VLUV more stability.



## 5. QUALITY

VLUV's cover materials are robust and resistant. With normal usage your VLUV should last a long time. However you should take note of the following points:

- Dark and intensive colours can, however, leave traces of pigment. Be especially careful on light coloured carpets! Check the abrasion behaviour continuously. We do not accept any guarantee in the event of colour abrasion.
- Over time normal pilling is unavoidable.
- Please do not expose the ball to UV radiation over longer periods of time.

## 6. CLEANING AND CARE

Do not use any aggressive cleaning agents. First of all try to remove soiling with gentle aids. We recommend the following incremental procedure:

	<b>VLUV STOV &amp; LEIV</b>	<b>VLUV VEEL &amp; VELT</b>
<b>Dust, fluff etc.</b>	Simply remove surface dirt with a lint brush or with the vacuum cleaner sofa brush.	Simply remove surface dirt with a lint brush or with the vacuum cleaner sofa brush.
<b>Light dirt</b>	Surface soiling can be removed with a damp cloth.	Surface soiling can be removed with a damp cloth.
<b>Medium soiling</b>	For this let out half of the air from the VLUV. Afterwards this spot can be washed with clear cold water. Afterwards allow the VLUV to dry for approx. 24 hours and inflate again.	For this let out half of the air. Afterwards this spot can be washed with clear cold water. Afterwards allow the VLUV to dry for approx. 24 hours and inflate again.
<b>Severe soiling</b>	In the event of strong, deep soiling, completely press all the air out of the inner-ball. Remove the inner-ball and wash the textile casing by hand at 30 C° with a mild detergent and hang up wet to dry.	In the event of strong, deep soiling, completely press all the air out of the inner-ball. Remove the inner-ball and have the casing dry-cleaned.